

NW Region Compiled Report

JANUARY 2015

CHNS/CHPS

CHERIA LINDSEY:

- Presented to Ozark MT School District about the Comprehensive Tobacco Plan and educated them on the programs used in lieu of suspension.
- Assisted with collaboration of SBHC team member Betsy Kindall and Ozark Mtn. School District and Youth Bridge for the mental health portion and technical assistance on the medical portion for grant writing and provided contacts to assist with grant writing along with assisting with data.
- Presented at Oark Schools on 3 separate and different presentations on Tobacco and Effects of Tobacco along with oral health and Act 811; one for K-3 for 41 children and 7 adults-Puppet Show about Tobacco Land and provided questions and answers, one for High School Health Class with 10 teens and 2 staff, Smokeless Tobacco and Its Ingredients and played Spin Smart Tobacco Game, and last for 7th Grade Science class with 10 youth and 2 staff on Smokeless Tobacco and Its Ingredients and then viewed video, “No Dip, No Duh” along with the diversity of individuals who use tobacco products.
- Presented and assisted with the Madison County Safety Baby Shower on the Sleep Safe, Drowning, and fall portion of the Arkansas Children’s Hospital program that includes multiple topics on Injury Prevention using evidence-based teaching to have parents to use in home with making plans and using safety measures. 9 pregnant or postpartum women present with a guest and about 11 volunteers and two infants.
- Presented to the NW CHNS and CHPS the Ingredients of Tobacco and provided them the tools to provide training in the schools
- Attended the Administrators meeting in Russellville and provided CHNS/CHPS report on programs in the schools and communities. Education about the Comprehensive Tobacco Plan for Schools and our approach to schools changing their policy to be comprehensive, 29 present

CINDY JONES:

- Greenbrier Middle School: Partnered with members of the Central region HHI, the school librarian, and the school principal met to discuss possible financial commitment from HHI. The school's proposal included purchasing copies of the book "Drums, Girls, and Dangerous Pie" by Jordan Sonnenblick. Sustainability would be reached through keeping the books in each classroom. They will plan several programs for the kids to discuss tobacco and cancer and to elevate the level of understanding of how cancer affects everyone's lives and how to prevent cancer. These programs included their news cast done in house, Play 60 club, a possible Kick Butts day with a kick ball tournament, and a wellness/sports theme night for families. Different types of grants and funding were discussed.
- STD/Pregnancy presentation with tobacco discussion: Assisted Cindy Schaefering in presenting tobacco information and STD/Pregnancy class to 140 8th graders at Heber Springs Junior High.
- CPR/AED/First Aid classes: I taught CPR/AED/First Aid classes to 33 employees at Atkins School District on 2 days. I covered statistics and costs of smoking as well as the SOS cessation hotline and offered flyers for anyone that would like to have them.
- Greenbrier School: Set The Rules/Control the Privilege driving class: Partnered with Central Region HHI to present the Injury Prevention Center's program "Set the Rules/Control the Privilege" for safe driving to 30 high school teens and 30 parents.
- Provided V/H, Scoliosis and BMI training to the new school nurse at Southside Bee Branch. Spent an extended amount of time with nurse on her orientation and job focus.

MIRANDA CURBOW:

- Mountainburg Elementary School and Middle School – Hygiene presentation, included Flu, chronic disease, hand washing, smoking and disease, secondhand smoke, Act 811 and immunizations education. 90 students and 13 adults present
- Paris Schools presentation – Provided education to students on health and nutrition and physical activity. Used label reading curriculum, fat simulator, and good fat vs. bad fat simulator. Provided each student with label reading handout, fast food smart choices hand out and integrating exercise into daily life handout. 15 students and 1 adult present
- Paris schools presentation – Provided education to students on drugs, alcohol and intentional/unintentional injury. Using reality works dolls, taught fetal alcohol, effects

of drugs on the fetus and shaken baby syndrome. Included secondhand smoke and its effects on the fetus and others.

- WAESC Superintendent meeting – Educated all co-op superintendents and other administrative Officials on the new nicotine/tobacco law for schools that include ENDS. Provided each district with the required signage for their school district property. Also educated on reportable communicable diseases, flu and immunization updates.
- Logan County Teen Summit – Presented education to summit attendees on the following: Smokeless tobacco, teen drinking, binge drinking, drug use and suicide using the game “minute to win it”. Presented Gatekeepers curriculum to those students and school sponsors who were present. Provided students with information to take back and use in their schools themselves. 29 students present and 8 adults present
- Attended and provided TA to Lamar School district wellness committee. Attended NW region CHPS and CHNS meeting/workday. Working on March statewide CHNS and CHPS meeting agenda and assisting with arranging speakers, etc. Providing TA to several schools for SBHC and tobacco policies.

SARAH BRISCO:

- Facilitated a safety presentation to Nan’s daycare- the presentation included a healthteacher.com lesson on how to teach the children injury prevention/stranger danger/ and how to call for help if needed.
- Conducted a short training for the U of A extension service on the role of the CHPS and ways we can partner in the schools
- Educated the Yellville School District Wellness Committee on the importance of the comprehensive tobacco policy and provided a checklist for a comprehensive tobacco-free school policy. Educated the Lakeside Jr High on the importance of the comprehensive tobacco policy and provided a checklist for a comprehensive tobacco-free school policy. Educated the Searcy County School District on the importance of the comprehensive tobacco policy and provided a checklist for a comprehensive tobacco-free school policy
- Education provided to JO Kelly School on the importance of the comprehensive tobacco policy and provided a checklist for a comprehensive tobacco-free school policy. Educated the Omaha School District on the importance of the comprehensive tobacco policy and provided a checklist for a comprehensive tobacco-free school policy
- Education provided to Pinkston Middle School on the importance of the comprehensive tobacco policy and provided a checklist for a comprehensive tobacco-free school policy

- Conducted a SHI training for Searcy County School District- assisted the Wellness Coordinator with the 2014-2015 SHI*

NANCY MARSH

- Met with 8 UofA nursing students to discuss health fair they are planning at Fayetteville Jr High in February and provided teaching aides like Jar of Tar; interactive education tools such as spin board, pamphlets and Quit line cards.
- Interactive educational booth at Elkins for Employees on in-service day. 75 people attended. Booth covered tobacco prevention, nutrition, and physical activity.
- Made arrangements and facilitated Marshallese Cultural Training for Madison County – 51 people attended from Huntsville and Green Forrest Schools, DHS from Springdale, and other clinics and businesses and organizations. Newspaper reported attended and article and picture in newspaper.
- Safety Baby Shower in Huntsville – made arrangements, flyer, copied pre and post tests, arranged presenters and got community partners to assist, gathered safety kits and door prizes; 9 women, 5 guests, and 17 community partner volunteers' set up, facilitated, and cleaned up.
- Attended 4 hour planning meeting hosted by American Heart Assoc to discuss Fayetteville going Smoke Free Bars. Plans to reactivate a coalition to work on new laws.
- Attended NWA School Nurse Meeting in Siloam Springs in evening – made arrangements, put event on co-op for registration- 36 schools nurses plus 3 others, including assistant superintendent – nurses from Siloam Springs, Gentry, Gravette, Farmington, Huntsville, Elkins, Springdale, Fayetteville, & Bentonville.
- Vision and Hearing trainings for new school nurses